

# HIGH SCHOOL LEAGUE FORMAT 2022-23



## Standard for All Matches:

- The R1/R2 and GSVO line judges, scorekeeper, and libero tracker must be at the site at least 30 minutes prior to match start.
- If teams are from different leagues, then the format for the host school will apply.
- Home team shall provide the line judges, scorekeeper, libero tracker, and timer.
- **Per WIAA mandate, Visitor team always gets the first on-court warm-up time unless otherwise noted.**
- **Hitting or serving the ball into the opponent's court is not allowed during the shared court time.**
- Please ensure that all people serving as lines judges, whether students or adults, are in proper footwear.
- If there is a discrepancy between the format sheet and what the school asks you to do, follow the school's request, and then contact the Assignor after the match.
- **Teams are not allowed to warm up on the sidelines or end lines while waiting for their court time but may utilize another court.**
- **ALL leagues have opted to not switch sides for the 2022 fall season**

All the following schools are serviced by GSVO on page 1.

### METRO – 3A

Mountain Division: Bishop Blanchet, Eastside Catholic, Holy Names, Lakeside, Lincoln, Roosevelt, Seattle Prep, West Seattle  
 Sound Division: Ballard, Chief Sealth, Cleveland, Franklin, Garfield, Ingraham, Nathan Hale, Rainier Beach

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared / 6 Visitor / 6 Home / No shared serving	8 Shared/6 Visitor/6 Home/No shared serving
<b>Games:</b>	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding capped at 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges, scorekeeper, libero tracker and timer.	

Senior nights: Limited to 10 minutes. Extended senior night activities shall take place AFTER the match.

### KINGCO – 2A/3A/4A

4A: Crest Division: Eastlake, Issaquah, Mount Si, Newport, Skyline Crown Division: Bothell, Inglemoor, North Creek, Redmond, Woodinville  
 3A: Bellevue, Hazen, Interlake, Juanita, Lake Washington, Liberty, Mercer Island  
 2A: Evergreen, Foster, Highline, Lindbergh, Renton, Sammamish, Tye

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared / 6 Visitor / 6 Home / No shared serving	8 Shared/6 Visitor/6 Home /No shared serving
<b>Games:</b>	Guaranteed 3 <b>All three sets, rally to 25—deciding win by 2, non-deciding capped at 25 if after 6:15 play 3<sup>rd</sup> set to 15</b>	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges, scorekeeper, libero tracker, and timer.	

### NORTH PUGET SOUND LEAGUE (NPSL) – 3A/4A

Cascade Division: 4A: Kennedy Catholic, Kentridge, Kentwood, Mt. Rainier, Tahoma 3A: Kentlake, Kent-Meridian

	JV/C and Frosh	Varsity
<b>Warm-Up:</b>	8 Shared/ 6 Visitor / 6 Home / No shared serving	8 Shared/ 6 Visitor / 6 Home / No shared serving
<b>Games:</b>	Guaranteed 3 3 <sup>rd</sup> set to 15 / Win by 2 with no cap 3 <sup>rd</sup> set to be played without regard to time	3/5 - Start time is <u>NO</u> earlier than 7:15 pm Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges. No one in uniform is allowed to serve as a line judge. Home team provides adult or trained students for varsity matches including scorekeeper, libero tracker, and timer.	

Senior Nights: \*Senior night ceremonies will be no longer than 15 minutes and will take place PRIOR to the start of the shared warm up.

# HIGH SCHOOL LEAGUE FORMAT 2022-23



The following leagues have schools that are serviced by GSVO and are underlined. The other schools (not underlined) are in the league but are serviced by other boards across the state.

## EMERALD SOUND – 1A

Chinook Division: Bear Creek, Bush School, Cedar Park - Bothell, Eastside Prep, Kings, Overlake, Seattle Academy, South Whidbey  
 Coho Division: Forest Ridge, Granite Falls, Northwest School, Sultan, Summit Sierra, University Prep

	JV/C	Varsity
<b>Warm-Up:</b>	6 Home / 6 Visitor / no shared serving	8 Shared/ 6 Visitor/6 Home/No shared serving
<b>Games:</b>	Guaranteed 3 Rally to 25 / Win by 2 with no cap 3 <sup>rd</sup> set to 15 / Win by 2 with no cap	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges, scorekeeper, libero tracker and timer (adults when possible).	

## NISQUALLY – 1A

Annie Wright, Bellevue Christian, Cascade Christian, Charles Wright, East Jefferson, Klahowya, Life Christian, Seattle Christian, Vashon Island

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared/ 6 Visitor / 6 Home / No shared serving	8 Shared/ 6 Visitor / 6 Home / No shared serving
<b>Games:</b>	Guaranteed 3 All three sets, rally to 25/ Win by 2 with no cap (4:30 JV games) If the third set begins after 5:30, <u>then the teams will play to 15 no cap.</u>	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides both line judges, scorekeeper, libero tracker, and timer.	

## SEATAC – 1B

Auburn Adventist (2B), Concordia Christian, Crosspoint Academy, Evergreen Lutheran, Muckleshoot, NW Yeshiva, Pacific Christian, Puget Sound Adventist, Pope John Paul II, Quilcene, Rainier Christian, Sound Christian

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared/ 6 Visitor / 6 Home / No shared serving	8 Shared/ 6 Visitor / 6 Home / No shared serving
<b>Games:</b>	Guaranteed 3 Rally to 25 / Win by 2 with no cap Deciding rally to 15 / Win by 2 with no cap Non-deciding capped at 15	3/5 or Home team can request Guaranteed 5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges, scorekeeper, libero tracker and timer. Visiting team may provide a line judge upon approval by the home team. <b>Visiting team provides Libero Tracker if home team does not use Libero.</b>	
<b>Afternoon matches: If JV start time is 4:30 PM, then Varsity start time is immediately following the JV match, but no earlier than 6:00 PM.</b>		

## NORTHWEST – 1B

Arlington Christian, Cedar Pak Christian-Lynnwood, Fellowship Christian, Grace Academy, Lopez, Lummi Nation, Orcas Christian, Providence Classical Christian, Shoreline Christian, Skykomish, Tulalip Heritage

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared/ 6 Visitor / 6 Home / No shared serving	8 Shared/ 6 Visitor / 6 Home / No shared serving
<b>Games:</b>	Guaranteed 3 <u>All games rally to 25 / Win by 2 with no cap</u>	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges, scorekeeper, libero tracker, and timer. Every effort will be made to have adult line judges.	